



Job Description Active Learning Mentor

Employer: Cambrian Village Trust Lakeside Healthy Living

Pay: £9 per hour

Period of contract: Fixed term (Subject to funding)

Hours of work: 21 hours per week. Working hours are flexible and there will be occasional weekend and evening meetings.

Responsible to: Lakeside healthy living Development Manager

Responsible for: Participants from learning curve and Village Trust volunteers.

Job Purpose:

- To set up active learning activity groups at Cambrian Lakeside.
- To develop programmes and groups that are self sustaining.
- To engage, support and supervise individuals accessing adult services in RCT.
- To work in partnership with key organisations in countryside and active learning.

Main duties and responsibilities

1. To work with Learning Curve to develop a tailor made activity and healthy living programme that meets the service users needs.

2. To set up a referral system and develop best practice policies and procedures to ensure the safety of the participants.
3. To set up and facilitate sustainable groups in order to engage the participants e.g woodcraft, bushcraft, canoeing, walking groups, tree management, ground and site management.
4. Undertake a training needs assessment for groups and ensure that training is organized to meet those needs.
5. Work with the Lakeside healthy living team in the recruitment selection and support of volunteers.
6. Ensure that health and safety standards are adhered to carry out risk assessments, consent forms, and health questionnaires.
7. Agree with the referring agency, personal development plans for each participant, which includes goal setting and a work plan and timetable.
8. Ensure that monitoring systems are in place and keep records of participation, activity sessions, and distance travelled.
9. Work with key partners to arrange work experience where appropriate.
10. Arrange and facilitate move on strategies for the participants.
11. Attend relevant meetings and training sessions as agreed.

Background

Cambrian lakeside healthy living initiative was launched in August 2016. It was developed by the Cambrian Village trust (A registered charity) who began its life fifteen years ago (the vision of local residents) as a boys and girls club for the community of Clydach Vale, It has developed into a centre of excellence in football coaching, and has a football academy who play on a state of the art 3 G pitch They also employ coaches who work in local schools to encourage participation and engagement at all levels of ability. Building on the work of the trust, the Board has employed a development manager whose primary role is develop new sustainable, and inclusive healthy living projects targeting in partnership with the local community and key agencies individuals and groups who are not currently engaging in these activities. Lakeside healthy living are now offering a wide range of sports and healthy living activities for schools and community groups including, orienteering and geo caching, outdoor learning, walking rugby, canoeing, mountain walking.

Service level agreement with RCT Adult Services

In September 2016 Cambrian Village Trust entered in to a service level agreement with RCT adult services to provide, develop and facilitate a specialised healthy living programme for adults with a learning disability who attend the “learning Curve” centre in Llwynypia. The programme which runs for six weeks, two half days a week is designed to give the participants taster sessions, on healthy exercise, and nutrition, nature rambles, bushcraft skills, art and drama as well as walking and sports. Five programmes have been completed and the

service level agreement is in place until 2018. The organisation upholds the community development model of working which encourages self help and empowerment as well as the knowledge that sport and healthy living activities, encourage , confidence, and self esteem and evoke a sense of belonging.

Twenty eight participants have engaged in the programme, and through evaluation sessions the feedback has been that they would like to continue the programme after the six weeks and engage in group activity at Cambrian lakeside.

RCT have agreed to fund the post of active learning mentor for one year to further develop the programme for service users at LLwynypia Learning Curve.

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Person Specification

Experience- Experience of working in an outdoor learning environment, which engages disadvantaged individuals in healthy living activities and group work .

Knowledge of placing people in appropriate work experience placements.

Experience of recruiting, selecting and supporting volunteers.

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Qualifications and training- Educated to degree level or equivalent in a related field or have the equivalent skills through experience.

Attitude

- Commitment to the social model of disability.
- Commitment to outdoor learning as a tool for self development.
- Commitment to a healthy lifestyle and a belief that healthy activity is key in self development, building confidence and team work.
- Commitment to user involvement.
- Interest in volunteering and or mentoring and commitment to its value in personal and social development.
- Respect for the values and ethos of Cambrian Village Trust.
- Commitment to challenging discrimination at any level.

Essential	Desirable
<p>Knowledge and experience of issues in the Mid Rhondda area.</p>	<p>Experience of working with, community groups and individuals who are socially excluded.</p> <p>Experience of working in the outdoor learning environment.</p>
<p>Knowledge and understanding of safeguarding policies and practices relating to vulnerable and marginalised people.</p>	<p>Experience in the recruitment, selection and training of volunteers. Knowledge of best practice in volunteering.</p>
<p>Experience of multi-agency working and its benefits.</p>	<p>Excellent presentation and facilitation skills.</p>
<p>Ability to assess and balance risks associated with delivering activities with a wide range of people.</p>	<p>Good administrative skills, including managing budgets, report-writing, time and workload management.</p>
<p>Excellent interpersonal skills with significant experience of, building managing and sustaining relationships with a wide range of people.</p>	<p>Experience of working in the healthy living and environmental sector</p>

Ability to delegate tasks in a clear way. To Supervise staff and volunteers in an empowering and engaging manner.	Self-motivation and ability to use own initiative and to work in a team.
Full clean driving license and own car and be able to drive a mini-bus.	Able to work flexibly, including occasional evenings and weekends where necessary.

How we will support and supervise the post

The initial training will include support and induction from your line manager and other Lakeside healthy living and key staff from learning Curve. In addition, Cambrian Village Trust will provide regular ongoing training and support and there will be the opportunity to assess and propose additional training needs on a regular basis.

The post holder will have access to a desk, and computer.